



High School Lunch Menu

Week of January 1 - 3

Monday					
<h3>No School</h3>					
Tuesday	<h3>No School</h3>				
Wednesday	<h3>No School</h3>				
Thursday	White Pizza ★ Pretzel Nuggets w/ Cheese	Chicken Tenders w/ Breadstick ★ Grilled Chicken Sandwich ★	Choose a Bread. Choose from various Meats & Cheeses. Customize it with Toppings and Sauces! <u>Served w/Deli Chips</u>	Pasta Bar Cauliflower	Side Salad Celery Sticks Grape Tomatoes Apple Slices Applesauce
Friday	Meat Lover's Pizza ★ Buzzer Basket	Fish Sandwich w/ Mac N Cheese ★ Hot Dog ★	Choose a Bread. Choose from various Meats & Cheeses. Customize it with Toppings and Sauces! <u>Served w/Deli Chips</u>	Meatball Bread Cup Steamed Broccoli	Side Salad Baby Carrots Cucumbers Diced Pears Applesauce
Available Daily	Cheese & Pepperoni ★	Burgers ★ Chicken Sandwiches Chicken Nuggets/ Breadstick	MTO Deli MTO Panini MTO Grilled Cheese MTO Salad *10" Wrap ★ *12" Wrap	Fat-Free and 1% white milk as well as Fat-Free flavored milk choices available daily!	Apples Oranges Bananas

Additionally Served:

- Yogurt Parfaits
- Pudding Parfaits
- Wraps
- Sandwiches
- Premium Salads
- Pita/Veggie/Humus Kit

Regular Meal: \$2.45 ★

Premium Meal: \$3.70



High School Lunch Menu

Week of January 6- 10

Available Daily	Cheese & Pepperoni ★		Burgers ★	MTO Deli MTO Panini MTO Grilled Cheese MTO Salad	Fat-Free and 1% white milk as well as Fat-Free flavored milk choices available daily!	Apples Oranges Bananas
	★		Chicken Sandwiches	*10" Wrap ★ *12" Wrap		
	★		Chicken Nuggets/ Breadstick			
	★					
	★					
Monday	 Bacon Pizza ★  Bacon, Egg & Cheese Melt Boneless Wings	 Donut Melt ★ ★ Spicy Chicken Sandwich	 Choose a Bread. Choose from various Meats & Cheeses. Customize it with Toppings and Sauces! <u>Served w/Deli Chips</u>	 Balsamic Glazed Popcorn Chicken Green Beans	 Side Salad Baby Carrots Broccoli Florets Fruit Cocktail Applesauce	
Tuesday	White Pizza ★  Bacon, Egg & Cheese Melt Deep Dish Pizza	Cheese Pizza Sticks ★ ★ Bacon Cheeseburger	Choose a Bread. Choose from various Meats & Cheeses. Customize it with Toppings and Sauces! <u>Served w/Deli Chips</u>	Pasta Bar Steamed Broccoli	Side Salad Broccoli Florets Red Pepper Strips Diced Pears Applesauce	
Wednesday	White Pizza ★  Bacon, Egg & Cheese Melt Ranch Chicken Club Artisan Pizza	General Tso's Chicken w/ Rice ★ ★ Spicy Chicken Sandwich	Choose a Bread. Choose from various Meats & Cheeses. Customize it with Toppings and Sauces! <u>Served w/Deli Chips</u>	Nachos Bar Corn	Side Salad Baby Carrots Cucumbers Strawberries Applesauce	
Thursday	White Pizza ★  Bacon, Egg & Cheese Melt Meatball Calzone	Walking Taco ★ Grilled Chicken Sandwich ★	Choose a Bread. Choose from various Meats & Cheeses. Customize it with Toppings and Sauces! <u>Served w/Deli Chips</u>	Waffle Bar Featuring Birthday Cake Waffles Black Beans	Side Salad Celery Sticks Grape Tomatoes Apple Slices Applesauce	
Friday	Bacon Pizza ★  Bacon, Egg & Cheese Melt Pretzel Nuggets Bowl w/ Cheese	Chicken Mashed Potato Bowl ★ Hot Dog ★	Choose a Bread. Choose from various Meats & Cheeses. Customize it with Toppings and Sauces! <u>Served w/Deli Chips</u>	Pasta Bar Seasoned Carrots	Side Salad Baby Carrots Cucumbers Diced Pears Applesauce	

Additionally Served:

- Yogurt Parfaits
- Pudding Parfaits
- Wraps
- Sandwiches
- Premium Salads
- Pita/Veggie/Humus Kit

This institution is an equal opportunity provider.



Regular Meal: \$2.45 ★






Premium Meal: \$3.70





High School Lunch Menu

Week of January 13 - 17

Monday	 Spinach & Feta Pizza ★ Boneless Wings	 Grilled Cheese w/ Tomato Soup ★ ★ Spicy Chicken Sandwich	 Choose a Bread. Choose from various Meats & Cheeses. Customize it with Toppings and Sauces! Served w/Deli Chips	 Soup Bread Bowl Baked Beans	 Side Salad Baby Carrots Broccoli Florets Fruit Cocktail Applesauce
	White Pizza ★ Sky High Gourmet Burger	Italian Dunkers ★ ★ Bacon Cheeseburger	Choose a Bread. Choose from various Meats & Cheeses. Customize it with Toppings and Sauces! Served w/Deli Chips	Pasta Bar Steamed Broccoli	Side Salad Broccoli Florets Red Pepper Strips Diced Pears Applesauce
	White Pizza ★ Supreme Artisan Pizza	Corn Dogs ★ ★ Spicy Chicken Sandwich	Choose a Bread. Choose from various Meats & Cheeses. Customize it with Toppings and Sauces! Served w/Deli Chips	Nachos Bar Corn	Side Salad Baby Carrots Cucumbers Grapes Applesauce
	White Pizza ★ Pepperoni Roll	Steak n Cheese Bagel Melt ★ Grilled Chicken Sandwich ★	Choose a Bread. Choose from various Meats & Cheeses. Customize it with Toppings and Sauces! Served w/Deli Chips	Scrambled Egg Bowl Cauliflower	Side Salad Celery Sticks Grape Tomatoes Apple Slices Applesauce
	Friday	<h2>No School</h2>			
Available Daily	Cheese & Pepperoni ★ Burgers ★ Chicken Sandwiches Chicken Nuggets/ Breadstick	MTO Deli MTO Panini MTO Grilled Cheese MTO Salad ★ *10" Wrap *12" Wrap	Fat-Free and 1% white milk as well as Fat-Free flavored milk choices available daily!	Apples Oranges Bananas	

Additionally Served:

- Yogurt Parfaits
- Pudding Parfaits
- Wraps
- Sandwiches
- Premium Salads
- Pita/Veggie/Humus Kit

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Premium Meal: \$3.70





High School Lunch Menu

Week of January 20 - 24

Monday	     <p style="font-size: 2em; font-weight: bold;">No School</p>				
Tuesday	White Pizza ★ Deep Dish Pizza	Chicken Pot Pie ★ ★ <i>Bacon Cheeseburger</i>	Choose a Bread. Choose from various Meats & Cheeses. Customize it with Toppings and Sauces! <u>Served w/Deli Chips</u>	Pasta Bar <i>Green Peas</i>	Side Salad Broccoli Florets Red Pepper Strips Diced Pears Applesauce
Wednesday	White Pizza ★ Cinnamon Roll Artisan Pizza	Grilled Chicken Club Melt ★ ★ <i>Spicy Chicken Sandwich</i>	Choose a Bread. Choose from various Meats & Cheeses. Customize it with Toppings and Sauces! <u>Served w/Deli Chips</u>	Nachos Bar <i>Corn</i>	Side Salad Baby Carrots Cucumbers Pineapple Tidbits Applesauce
Thursday	White Pizza ★ Cheesy Breadsticks	Walking Taco ★ <i>Grilled Chicken Sandwich</i> ★	Choose a Bread. Choose from various Meats & Cheeses. Customize it with Toppings and Sauces! <u>Served w/Deli Chips</u>	Waffle Bar Featuring Blueberry Waffles <i>Baked Beans</i>	Side Salad Celery Sticks Grape Tomatoes Apple Slices Applesauce
Friday	Mac N Cheese Pizza ★ Pretzel Nugget Bowl w/ Cheese	Pulled Pork Sliders ★ <i>Hot Dog</i> ★	Choose a Bread. Choose from various Meats & Cheeses. Customize it with Toppings and Sauces! <u>Served w/Deli Chips</u>	Pasta Bar <i>Steamed Broccoli</i>	Side Salad Baby Carrots Cucumbers Diced Pears Applesauce
Available Daily	Cheese & Pepperoni ★	Burgers ★ Chicken Sandwiches Chicken Nuggets/ Breadstick	MTO Deli MTO Panini MTO Grilled Cheese MTO Salad *10" Wrap ★ *12" Wrap	Fat-Free and 1% white milk as well as Fat-Free flavored milk choices available daily!	Apples Oranges Bananas

Additionally Served:

- Yogurt Parfaits
- Pudding Parfaits
- Wraps
- Sandwiches
- Premium Salads
- Pita/Veggie/Humus Kit

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Premium Meal: \$3.70





High School Lunch Menu

Week of January 27-31

Monday	 Buffalo Chicken Pizza ★ Boneless Wings	 Italian Dunkers ★ ★ <i>Spicy Chicken Sandwich</i>	 Choose a Bread. Choose from various Meats & Cheeses. Customize it with Toppings and Sauces! <u>Served w/Deli Chips</u>	 Iron Chef Pork Carnitas Yellow Rice Seasoned Black Beans <i>Green Beans</i>	 Side Salad Baby Carrots Broccoli Florets Fruit Cocktail Applesauce	
	Tuesday	White Pizza ★ Deep Dish Pizza	Chicken Mashed Potato Bowl ★ ★ <i>Bacon Cheeseburger</i>	Choose a Bread. Choose from various Meats & Cheeses. Customize it with Toppings and Sauces! <u>Served w/Deli Chips</u>	Pasta Bar <i>Sliced Carrots</i>	Side Salad Broccoli Florets Red Pepper Strips Diced Pears Applesauce
		Wednesday	White Pizza ★ Cinnamon Roll Artisan Pizza	General Tso's Chicken w/ Rice ★ ★ <i>Spicy Chicken Sandwich</i>	Choose a Bread. Choose from various Meats & Cheeses. Customize it with Toppings and Sauces! <u>Served w/Deli Chips</u>	Nachos Bar <i>Corn</i>
	Thursday		White Pizza ★ Pepperoni Roll	Turkey & Stuffing ★ <i>Grilled Chicken Sandwich</i> ★	Choose a Bread. Choose from various Meats & Cheeses. Customize it with Toppings and Sauces! <u>Served w/Deli Chips</u>	Waffle Bar Featuring Chocolate Chip Waffles <i>Mashed Potatoes w/ Gravy</i>
		Friday	Buffalo Chicken Pizza ★ Pretzel Nugget Bowl w/ Cheese	Fiestada Pizza ★ <i>Hot Dog</i> ★	Choose a Bread. Choose from various Meats & Cheeses. Customize it with Toppings and Sauces! <u>Served w/Deli Chips</u>	Pasta Bar <i>Steamed Broccoli</i>
Available Daily	Cheese & Pepperoni ★		Burgers ★ Chicken Sandwiches Chicken Nuggets/ Breadstick	MTO Deli MTO Panini MTO Grilled Cheese MTO Salad *10" Wrap ★ *12" Wrap	Fat-Free and 1% white milk as well as Fat-Free flavored milk choices available daily!	Apples Oranges Bananas

Additionally Served:

- Yogurt Parfaits
- Pudding Parfaits
- Wraps
- Sandwiches
- Premium Salads
- Pita/Veggie/Humus Kit

Regular Meal: \$2.45 ★

Premium Meal: \$3.70

